



City of Tulare Senior Community Center

VOLUNTEER APPLICATION

TODAY'S DATE _____

Name _____ Age _____ Birth Date _____

Address _____ City _____ Zip _____

Telephone # _____ Cell/Work# _____

EMAIL ADDRESS _____

Emergency Contact _____ Phone _____

How many hours per week could you volunteer:

Days Available: Monday _____ Tuesday _____ Wednesday _____ Thursday _____ Friday _____
Hours Available: Morning _____ Afternoon _____ Evening _____ Flexible _____

Please check all boxes of programs which interest you:

CLERICAL

Front Office Help (Year-Round & Occasional)

- Assist in answering phone, route calls, take messages, answer front window, copying, shredding, folding papers, Monday through Friday, 8 A.M. – 12 Noon. Job Description Available.

Lunch Check-In (Monday thru Friday)

- Assist with seniors or guests signing in for lunch. Lunch hours, 10:15 – 12 Noon.

INSTRUCTIONAL CLASSES

- Ex-Chair-Cise:** Lead a class of about 20-30 seniors primarily sitting in a chair using dumbbells and a Theraband. This class improves muscle strength, endurance, range of motion and flexibility by using a safe resistive exerciser called the Theraband. This class is held every Monday & Wednesday, 10:30-11:15 A.M. at the Senior Center.

KITCHEN HELP or HOME DELIVERY VOLUNTEER or DRIVER

- Kitchen Help (Monday thru Friday, 9:30 am – 1 pm):** Assist full time kitchen staff with the following: preparation and serving for breakfast, lunch, and home delivery program, stocking and re-stocking pantry shelves, general clean-up in kitchen and dining room, use of dishwasher for dishes and silverware, and routine cleaning of stoves, ovens, and refrigerators. Job Description Available
- Home Delivery Volunteer/Runner:** Deliver meals to seniors at their homes. Job Description Available
- Home Delivery Driver:** Drive to destinations (addresses listed on route sheet). If needed, help to deliver meals to seniors at their homes.

ON-GOING ACTIVITIES

- Bingo (Every Monday & Wednesday, 12:30- 3:30 PM):** Volunteers are needed in various capacities, callers, verifiers, money counters, door monitors, bingo card pass-out.
- Dances (Every Friday, 6:30 – 10 PM):** Senior dances need volunteers at the check-in area, decorating, setting up food, taking pictures, or being a host/hostess.
- Music (Daily, 10 – 11:30 AM):** Bands or individuals play music/sing to seniors prior to lunch.

SPECIAL EVENTS/PROGRAMS

- Theme/Holiday Special Events (Monthly):** Each month the Senior Center staff coordinate special theme events. Some example are: Valentines Day, Spring Break, Cinco de Mayo, Mother's Day, Father's Day, Beach Party, Western Day, Halloween, and the Christmas Party. Some tasks may be to assist in decorating, serving drinks, or leading/assisting a game.
- Special Events/Fundraisers (Varies):** Assistance is needed in decorating, check-in, serving meals, cleaning.
- Youth Programs (Varies):** Assistance in track & field coaching, set-up & clean-up.

TULARE SENIOR SERVICES ACTIVITIES

- Newsletter Preparation (Monthly)**
Collate, fold, and stack monthly Tulare Senior Services Newsletters. The day is usually Wednesday from 8 - 10 A.M.
- Tulare Senior Services (TSS) Board Member (Year Round, Must be 55 Years & older, TJUHS District Resident)**
TSS Inc. was formed in June of 1985. It is a cooperating non-profit organization dedicated to the recreational, nutritional, and social needs of seniors, 55 and over, within the community.

My special skills/interests are: _____

My experience as a Volunteer or paid recreation/community services staff has included: _____

I hereby request participation in the Volunteer program sponsored by the Tulare Senior Community Center. I hereby, waive, and release any and all rights to claims for damages that may occur to myself against the City of Tulare, their agents and employees, for any injuries or damages that may occur as a result of participation in this program. I also, hereby, adhere to all the employee rules and policies set forth by the City of Tulare.

Signature _____ Date: _____

EMPLOYMENT EXPERIENCE

Start with your present or last job. Include any job-related military service assignments and volunteer activities.

Employer	Dates Employed	Work Performed
Address	From	
	To	
Telephone	Supervisor	
Job Title	Reason for Leaving	Final Salary \$

Employer	Dates Employed	Work Performed
Address	From	
	To	
Telephone	Supervisor	
Job Title	Reason for Leaving	Final Salary \$

Employer	Dates Employed	Work Performed
Address	From	
	To	
Telephone	Supervisor	
Job Title	Reason for Leaving	Final Salary \$

If you need additional space, please continue on a separate sheet of paper.

SPECIAL SKILLS AND QUALIFICATIONS (summarize special job-related skills acquired from employment or other experience.)

REFERENCES

Give name, address and telephone number of three (3) personal references who are not related to you and are not previous employers.

NAME	ADDRESS	RELATIONSHIP	DAYTIME PHONE NUMBER

I hereby certify that I understand that my employment with the City of Tulare may be subject to fingerprint information. If my fingerprints do not return clear from the Department of Justice, I understand that such information may subject me to disqualification and dismissal from my employment with the City of Tulare.

Signature: _____ Date: _____

**TULARE RECREATION, PARKS & LIBRARY DEPARTMENT
SUPPLEMENTAL QUESTIONNAIRE**

suant to California Public Resources Code §5164, this form must be completed by all applicants applying for a position that involve supervisory or disciplinary authority over any minor. Please complete both sides of the page.

		Yes	No
	Have you ever been convicted of sexual assault or assault with intent to commit mayhem?		
	Have you ever been convicted of unlawful sexual intercourse with a person under age 18?		
	Have you ever been convicted of rape?		
	Have you ever been convicted of the rape of a spouse?		
	Have you ever been convicted of willful harm or injury to a child?		
	Have you ever been convicted of child endangerment?		
	Have you ever been convicted of corporal punishment or injury to a child?		
	Have you ever been convicted of willful infliction of corporal injury to a spouse, former spouse, cohabitant, or mother or father of your child?		
	Have you ever been convicted of any sexual crime or offense?		
1.	Have you ever been convicted of any of the following crimes or of an attempt to commit any of the following crimes?		
1.1	Kidnaping?		
1.1.1	If yes, were you convicted of kidnaping or attempted kidnaping with the intent to commit rape, sodomy, lewd or lascivious acts, oral copulation, or forcible acts of sexual penetration?		
1.2	Kidnaping for ransom?		
1.2.1	If yes, were you convicted of kidnaping for ransom or attempted kidnaping for ransom with the intent to commit rape, sodomy, lewd or lascivious acts, oral copulation, or forcible acts of sexual penetration?		
1.3	Sexual battery?		
1.4	Aiding, abetting or soliciting the rape, rape of a spouse, or forcible acts of sexual penetration?		
1.5	Enticing an unmarried minor female for purposes of prostitution?		
1.6	Aiding and abetting the enticement of an unmarried minor female for purposes of prostitution?		
1.7	Inducing sexual intercourse with another when the other's consent is procured by false pretenses with the intent to create fear?		
1.8	Pimping of a minor?		
1.9	Pandering of a minor?		
1.10	Procurement of a child under 16 years of age for lewd or lascivious acts?		
1.11	Abduction (taking away) of a person under age 18 for purposes of prostitution?		
1.12	Aggravated sexual assault of a child?		

		YES	NO
0.13	Incest?		
0.14	Sodomy?		
0.15	Lewd or lascivious acts or the solicitation of the same?		
0.16	Oral Copulation?		
0.17	Continuous sexual abuse of a child?		
0.18	Forcible acts of sexual penetration or the solicitation of the same?		
0.19	Selling, distributing, printing or exhibiting child pornography?		
0.20	Sexual exploitation of a child?		
0.21	Employment or use of a minor to perform prohibited acts?		
0.22	Advertising child pornography?		
0.23	Possession of child pornography?		
0.24	Annoying or molesting a child under 18?		
0.25	Solicitation of rape by force or violence, sodomy by force or violence, or oral copulation by force or violence?		
0.26	Indecent exposure?		
0.27	Procuring, counseling, or assisting any person to commit indecent exposure?		
0.28	Contributing to the delinquency of a minor?		
0.29	Sending harmful material to a minor with the intent to seduce said minor?		
1.	Have you ever been convicted of armed robbery?		
2.	Have you ever been convicted of armed car jacking?		
3.	Have you ever been convicted of assault or attempted murder of a public official?		
4.	Have you ever been convicted of false imprisonment?		
5.	Have you ever been convicted of assault?		
5.	Have you ever been convicted of battery?		
7.	Have you ever been convicted of murder?		
3.	Have you ever been convicted of mayhem?		
3.	Have you ever been convicted of a crime that requires you to register as a sex offender in the State of California?		

CERTIFICATION OF APPLICANT

I hereby certify that all responses herein are true and correct, and I understand and agree that any misstatement or omission of material fact may cause forfeiture on my part of all rights to employment by this city.

By: _____

Signature: _____