FEED YOUR COMMUNITY

CALLING ALL NEIGHBORS

California's vulnerable communities need assistance obtaining food and supplies due to the COVID-19 outbreak.

Offer to pick up items at the grocery store or pharmacy

Check in with your neighbors (text, call, or video chat) to see what they need and offer to drop supplies safely at their door. You can also offer a tutorial on how to online shop.

Know your community

Contact your county social services department to learn about available resources to share with your neighborhood.

Give a gift card

Consider purchasing a gift card to give to a neighbor in need.

Donate to a food bank

Check with your local food bank to learn about available volunteer opportunities and to see what items are needed most. Visit **cafoodbanks.org** to find a food bank near you.

Connect using social networks

Social media can bring people together in support of a community. Utilize apps such as Nextdoor to connect with those around you and see if anyone needs help.

Shop smart

Buy what you need and leave enough for others. This provides everyone the opportunity to get the items they need. Support local business if you can.

Be Safe

Most importantly, remember to follow the California Department of Public Health's guidelines. Visit **covid19.ca.gov** for more information.

Visit **serve.ca.gov**

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Your Actions Save Lives
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